



friendship force  
OREGON'S  
MID-WILLAMETTE VALLEY

# Friendship Connections

The Friendship Force of Oregon's Mid-Willamette Valley March 26, 2020

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## Our World Has Changed

As you are well aware, our world has changed in the last weeks due to COVID-19. Your FFOMWV Board has decided that it may be helpful to provide you with a more frequent newsletter, for at least a few months, given the rapidly changing circumstances around us. In this newsletter we will give you updates on the status (non-status?) of meetings and journeys as well as a few "regular articles" for your reading pleasure.

## April 19 General Meeting Is Cancelled

In accordance with Oregon Governor Brown's order regarding COVID-19 response, all public meetings are to be cancelled through April 28 or until further notice is provided. Our April 19 general meeting is therefore cancelled. We will attempt to reschedule our planned speaker - Alisha Saduova, OSU Community Liaison and Program Assistant, International Cultural Service Program - for a future meeting.

## 2020 Journeys Cancelled and Rescheduled or on Hold

Due to COVID-19, our 2020 journeys were either cancelled and rescheduled, or put on hold. Once the stay at home orders are lifted, we will see how much of the year is left and determine along with our other club partners how we might schedule our journeys. See Chris Duval's article on page 2 for detail.

## March and April MEG Gatherings Cancelled

As was announced earlier, the March 19th Met, Eat and Get Acquainted (MEG) lunch to have been held at the 1847 Bar & Grill in Lebanon was cancelled. The April 16th MEG scheduled for the Long Timber Brewing Company in Monroe is also cancelled. The May 21st gathering at Cascade Grill in Albany is on hold. MEG coordinator Sharon Harr will notify club members once possibilities for future MEGs are known.



# Calendar of Events — all to be determined

## JOURNEY PLANNING FOR 2020 AND BEYOND

*BY CHRIS DUVAL*

Due to the coronavirus, our 2020 journeys were either cancelled and rescheduled, or put on hold. Once the stay at home orders are lifted, we will see how much of the year is left and determine along with our other club partners how we might schedule our journeys.

Some good news comes from FFI, in that we have been assigned three journeys for 2021. FFI has assigned us an international outbound journey to Tuxtla-Gutierrez, Mexico and West Alajuela, Costa Rica. This journey will hopefully take place in January, 2021. As you may remember, Tuxtla Gutierrez club came to see us last September, and a few of their members came to our recent gathering to talk about preservation of their cloud forest. It will be so much fun to see them in Mexico.

The second assignment by FFI for 2021 for our club is an outbound domestic journey to Lake Hartwell, Georgia. We have already committed ourselves to an outbound journey to Denver and to Oklahoma, so we are hoping to combine all three of these locations in a 5 day each, with a one day travel day in between, in early September, 2021. Chris is working on this.

The third assignment by FFI for 2021 for our club is an inbound journey from Charlotte, North Carolina. We are already committed to an inbound journey from Ft. Worth, Texas, so we are hoping to combine these two clubs into one journey of no more than 25 ambassadors, coming to visit us in August of 2021.

Our 2020 inbound journey from Tokyo, Japan has been cancelled for this year, but has been rescheduled for June 8-14, 2021, with the same schedule of events, including a visit to the Rose Festival Parade in Portland. Marilyn and Eileen will still be the Host Coordinators for this journey.

Our outbound journey to Manitoba has been cancelled for this year. We hope to reschedule it for June, 2021, and combine it with a journey to Edmonton, Alberta, Canada, in late June. Chris and Mary Ellen will still be the Ambassador Coordinators.

So even though we are not traveling right now, events are being planned for the future. It will be fun to get back to traveling again.



Tokyo Imperial Palace



Winnipeg City Center

# FRIENDSHIP SHARED EVENTS

BY CHRIS DUVAL

In Sue Stein's absence, Chris Duval is managing Friendship Shared Events. Members are encouraged to agree to host events by contacting Chris 971-218-0361, [duval15@comcast.net](mailto:duval15@comcast.net), with your ideas.

As everyone knows by now, all of our future Friendship Shared events have been cancelled for now. We are hoping that once the stay at home orders are lifted, our hosts may be willing to hold their events at that time.

To give credit, where it is due, here are the hosts and events that were scheduled thus far in 2020:

**Three-Course Progressive Salmon Dinner**, hosted by Kathy Butler, Marilyn Peterson, and Kay Macpherson, on February 28 at 5pm. This event was held and was a great success, with funds being donated to Days for Girls, which supplies sanitary materials to girls in areas of the world where they are needed in order to keep girls in school. See card below and article on page 4.

**St. Patrick's Day Dinner**, hosted by Dennis and Mary Ellen, on March 17, 2020. This event was held. A wonderful time was had by all and funds were donated to the Corvallis Food Bank.

**Games Night**, hosted by Louise Claassen. This event was cancelled, but we hope to see it rescheduled later in the year.

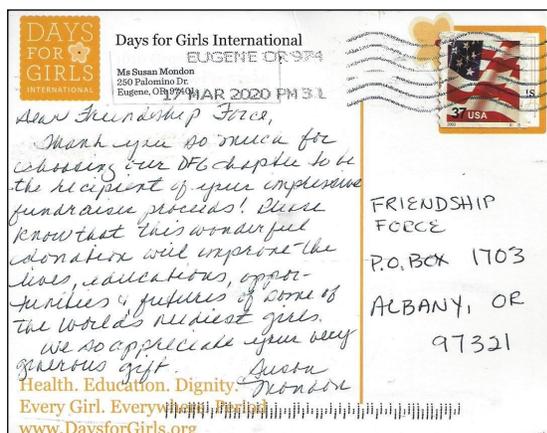
**Hungarian Dinner**, hosted by Ted and Rita Powell. This event was cancelled. It may be rescheduled later in the year.

**Gobbles and Games: Mexican Train Dominoes and Snacks**, hosted by Barb Callner and Eileen Minette. This event was cancelled and they plan to reschedule later in the year.

Once the stay home orders are lifted, we hope that others will step up and schedule some events so that we can raise funds for charities, or for FFI, which also is in need of support. If you have ideas, just contact Chris Duval. Thanks everyone!



A typical game of Mexican train with the branching doubles variation - Wikipedia



## **A Bit of the Normal - Progressive Salmon Dinner**

On February 28 ten FF members met for a progressive dinner starting at Kathy Butler's home at 5:00 for appetizers and beverages. Kathy went over the top in providing a multitude of fun and yummy items to pile on our plates. The atmosphere was so warm and welcoming - relaxing and enjoyable - and a great start to the evening.

Around 6:00 the group migrated to Marilyn Peterson's home for the main course, greens with new potatoes and asparagus, topped with salmon and feta. Marilyn did a great job of having her hearty salad all on the plates as people arrived from Kathy's. The assembly would not have happened without the talented efforts of Sous Chef Kay Macpherson. The colors were inviting and the food more than delightful. The greens were topped with red/orange roasted peppers, white cheese and "salmon colored salmon" (Sockeye) to make a big splash for a wonderful and filling meal.

Afterwards, the group moved once more to Kay Macpherson's home for a frozen dessert made with chocolate crust, mint ice cream and a chocolate hot fudge topping (frosting). It added a refreshing ending to a wonderful meal shared by a group of warm and generous club members.

The incentive for the dinner was that the three hostesses had all moved to the Mennonite Village within the last year and were able to find enough dishes and silverware to feed the small group.

After the meal, attendees voted to give the money raised to Days for Girls (<https://www.daysforgirls.org>).

*Kathy, Marilyn and Kay*



## A Bit of the Normal St. Patrick's Day Dinner Top O' the morning (evening) to ya!

Seven happy, hungry and eager St. Paddy's day followers gathered at the home of Dennis Murphy and Mary Ellen Lind in Corvallis for this evening's wine and dine celebration at an Friendship Shared event. Dennis is truly of Irish descent and owns an Ireland passport, so we had some authenticity! Historically, St. Patrick's Day is a day of cultural and religious celebration started in the 17<sup>th</sup> century on the day of this foremost patron saint's death in the 4<sup>th</sup> century. Over a plate of green-vegetable appetizers followed by the traditional corned beef, potatoes, cabbage and soda bread, we shared stories and good humor. The meal was topped it off with dessert of Irish lemon tart and authentic (some original) limericks and topical poetry! The group decided to keep our donation local and give it to the Corvallis Food Bank.

*Mary Ellen and Dennis*

### Our Times by Marla Karow

What to do, what to do, what to do  
Staying home because of the flu  
Or is it due to a virus named corona  
Either way it's causing pandemonia  
Experts are calling for social distancing  
So my honey, I start reminiscing  
Months later we have quite a surprise  
We're now waking up to baby cries

### Traveler Named Dennis by Russ Karow

There once was a traveler named Dennis  
who tried not to be a world menace  
but Pisco sours  
and Peruvian sprite glowers  
sometimes caused him to seek penance

A pisco sour is an alcoholic cocktail of Peruvian origin that is typical of the cuisines from Chile and Peru. The drink's name comes from pisco, which is its base liquor, and the cocktail term sour, in reference to sour citrus juice and sweetener components. [Wikipedia](#)

1 oz lime juice, 1 egg white, 1 1/2 oz Pisco, 3/4 oz simple syrup, ice - mix in blender and serve

These are a wonderful drink! Chilean Pisco is available in Oregon liquor stores.



Dennis Murphy cavorts with a Peruvian Sprite

# A WORLD OF FRIENDSHIP

BY CHRIS DUVAL

In these days of staying at home, it is important to keep in touch with friends from Friendship Force. We have a membership roster that includes email addresses and phone numbers of members. I encourage you to reach out and contact other members to check in while we are not able to meet in groups.

According to an article on Aetna.com, "Friends can strengthen our immune system, help us recover more quickly from illness, sharpen our memory and even help us live longer." You can find this article at: <https://www.aetna.com/health-guide/importance-of-friends-as-you-age.html>.

Even while staying mostly at home, I have occasionally been meeting with my friends here in Salem by setting a time on a sunny day once a week to go to a local park and bringing our lawn chairs. We meet in groups of four or five and sit six feet apart and visit, enjoying the sunshine. It really lightens our moods and ensures that we are not getting too lonely on our own. You could even bring a snack and drink and enjoy eating "together"!

Let's keep our FFI friendships strong during the coronavirus pandemic. And as always, wash your hands, stay home unless you need essential items (including maintaining essential friendships!), and stay well. If anyone needs help, call another FFI member and ask. We can run errands for each other, pick up medications, shop for food, etc. Many of our grocery stores are holding early morning hours for seniors only and we can take advantage of that. I'm sure we will be there to support each other. And remember to use the phone. A friendly conversation is a real day brightener!

## Friendship Force Pledge

As a member of the Friendship Force, I recognize that I can make a difference. I recognize that I have a mission. That mission is to be a friend to the people of the world. As I embark upon this adventure, I know that others will be watching me. I know that through my example to my fellow citizens and the people of other nations, the cause of friendship, love and peace can be furthered. I can make a difference.

## Let There Be Peace on Earth

Let there be peace on earth, And let it begin with me.  
Let there be peace on earth,  
The peace that was meant to be.  
With friendship as our mission, Family all are we.  
Let us walk with each other In perfect harmony.  
Let peace begin with me. Let this be the moment now.  
With every step I take, Let this be my solemn vow:  
To take each moment,  
And live each moment, In peace eternally.  
Let there be peace on earth, And let it begin with me.

## FFOMWV Reimbursement Requests

In his review of 2019 FFOMWV financial records provided by Journey Treasurer Van Nichols, Dennis Murphy discovered that some individuals were not providing proper documentation for expenses. Requests must include a receipt, or copy of the receipt, with the reimbursement form. If we are ever audited as a non-profit, such documentation will be essential. Our reimbursement form can be found on our webpage - <http://www.fforegon.org/member-resources.html>

**In Memoria** - your FFOMWV Board approved a small donation in memory of Don as a founding and still active member of our club.

**Donald W. Rea - July 24, 1925 - February 5, 2020**

Donald (Don) Rea was born on July 24, 1925, in Pocatello, Idaho, to Bertha Wagner Rea and Walter Raleigh Rea. He passed away on February 5, 2020, at the Lacombe home of his oldest son, Brent, and his wife, Pam. Don's parents and sister, Catherine Haslop, and his beloved wife Elizabeth, preceded him in death. Donald and Elizabeth Anne Neumann were married on September 26, 1952, in Negaunee, Mich., Elizabeth's northern Michigan hometown. Elizabeth died in 2014. Don is survived by four sons: Brent (Pam) of Lacombe; Matt (Tina) of Portland; Kirby (Lorre) of Hood River and Joel (Liz) of Corvallis. He is also survived by grandchildren Sean and his wife, Katie; Nicholas, Connal, Delaney and Kira; and a great-grandson, Lucas, born in 2019 to Sean and Katie. An adoptive son, William Rea An, of California, also preceded Don in death. The Reas took William (born Cuong Le), a Vietnamese refugee, into their home in 1978. In September 2019 the community gathered at Donald's church, Albany First Christian, for a Don Rea Appreciation Day, which he insisted be a day of honor for the community groups he and Betty had served with.

Both were active in Albany Peace Seekers and worked with others to develop the Albany Friendship Force chapter, through which they formed friendships in Hungary, Germany, New Zealand and Russia. Church, Kiwanis, SMART Reading, delivering Meals on Wheels, and the weekly community meal at First Christian were part of Don's life up until weeks before his death.

**Bun W. Doerfler - August 22, 1935 - March 1, 2020**

Bun Doerfler passed away on March 1 surrounded by his family. Bun was raised on a typical farm in the Willamette Valley, with fields, small lakes and woods to explore with his brother. Bun attended Albany Union High where he lettered in football, baseball and track. Following graduation in 1953 he worked for a time at Stokely VanCamp Frozen Foods, then attended Oregon Technical Institute in Klamath Falls, now known as Oregon Institute of Technology, majoring in Refrigeration Engineering. In 1957, he married Janet Stapleton, a classmate at Albany High School, and shortly after was drafted and assigned to the army engineering unit at Fort Belvoir in Arlington, Virginia, where daughter Diane was born. After his discharge from the Army, the family returned to Oregon and Bun resumed his education, graduating from OTI. Following graduation, daughter Bonnie was born, and Bun returned to work at Stokely VanCamp. They purchased a home in West Albany with a large yard for the kids' sandbox, a treehouse in the big old cherry tree, swings, and room to run. With the birth of son Vincent, the family was complete. Bun had the opportunity to work for Western Kraft Paper Mill as a journeyman millwright, and over the years worked his way to various positions before retiring as pulp mill production supervisor.

Bun was one of the first members of the Mid-Willamette Valley Friendship Force, which opened up a world of travel and friendships, around the world and across the US. The home stay citizen exchange program meant really getting to know their hosts in other countries, as well as the travelers staying in the Doerfler home. Throughout his life, Bun remained close to the family farm, continuing to work on small projects and keeping a watchful eye on everything happening there. From his chair in the oak grove, and with his beloved dog Vanity beside him, he delighted in watching the seasons and wildlife change, and the return of eagles to the valley.

## FFOMWV Board Approved Minutes

Feb. 11, 2020 Tue. - 10:00am – Marilyn Peterson's

Present: Juanita Weigel, Ted Powell, Marilyn Peterson, Dennis Murphy, Chris Duval, Van Nichols, Russ Karow

Absent: Eileen Minette, Mary Ellen Lind, Sharon Harr

Welcome and Call to Order to order by President Juanita Weigel at 10:13am

November's Minutes were corrected and approved (MSP Ted Powell/Chris Duval)

Treasurer's Report – Dennis Murphy MSP (Ted Powell/Russ Karow) to consider Dennis' review of 2019 operations account as the audit.

Journey Treasurer's Report - Van Nichols

Journey Organizer Reports – Chris Duval

### 2020 Schedule

May 21-23: FFI Regional Super Conference, Portland Chris will ask who is attending at the general meeting

June 2-8: Inbound Tokyo, Japan #20317 – JCs: Marilyn Peterson and Eileen Minette

June 20-27: Outbound Manitoba, Canada #20151, Winnipeg MSP (Marilyn/Van) to accept Chris Duval and Mary Ellen Lind as Ambassador Coordinators

July 13-18: Inbound from Denver, Colorado, # \_\_\_\_\_; need JCs;

September 8-15: Inbound from North Bay, Ontario, Canada #20326, need JCs;

September 27-Oct 12: FFI Festival at Sea

### 2021

Jan/Feb: Possibility of Hosting an Open World Delegation

August: Inbound from Ft. Worth, Texas

Outbound to Edmonton (tentative)

Outbound to Oklahoma (tentative)

Outbound to Denver – return Is it possible to combine these last two into one journey?

Discussion followed on Journey finances. Friendship Shared monies will go directly into operations so no co-mingling of funds. Journey coordinators can spend more money. Ted suggested a template for journey planning and options of programs.

Ted suggested a journey to Tuxla-Gutierrez, Mexico in Jan/Feb of 2021 pending our 2021 matches.

### Committee Chairperson Reports

Internet Communication – Marilyn Peterson Reminder: one e-News per week, copy to Marilyn by Tuesday. Website needs updating.

Chris reported on Friendship Shared

Newsletter –Russ

### Old Business

### New Business

March 1 – World Friendship Day March 15 Sikh Temple in Salem

Invitation to Feb 29 WFD from Columbia Cascade

Discuss purchase of bags – Motion to purchase 100 bags from Made in Oregon store (designed in Oregon, made in China) Marilyn Peterson/Chris Duval MSNP We will consider other sources for local products

Motion to consider the Journey account a liability account, restricted only for journey use, a pass-through account and not part of gross receipts Dennis Murphy/Van Nichols (MSP)

### Upcoming Meetings

Future Board Meeting Schedule-2 pm on the 16th Albany Library FONCET

Future Gatherings Schedule-15 March 2 pm Sikh Temple Salem

Russ Karow suggested contacting the OSU International Students Services organization for a speaker at the April 19 meeting

Non officer positions/committee chairs need filling for 2020

Sharon Harr MEG

Friendship shared Sue Stein with Van Nichols

Meeting adjourned at 11:54am.

## **Your 2020 Leadership Team**

### ***Elected Officers***

President	Juanita Weigel
Vice-President	Ted Powell
Secretary/ Internet Communications	Marilyn Peterson
Treasurer	Dennis Murphy
Past President	Chris Duval

### ***Activity Leads***

Friendship Shared/ Sunshine News	Sue Stein
Journey Organizer	Chris Duval
MEG	Sharron Harr
Membership	Eileen Minette
Navigators	Barb Callner
Newsletter Editor/Archives	Russ Karow

### ***Inbound Journey Coordinators - prior to cancellations***

June 2 - 8, 2020, Tokyo, Japan – Eileen Minette and Marilyn Peterson

July 13 - 18, 2020 Denver, Colorado - volunteers needed

September 8 -15, North Bay, Ontario, Canada – volunteers needed

August 2021 – Ft Worth, Texas - volunteers needed

### ***Outbound Journey Coordinators - prior to cancellations***

June 20 - 27 – Manitoba, Canada – Chris Duval and Mary Ellen Lind

TBD 2021 Edmonton, Canada - volunteers needed

***This Issue of Connections, and more information about our club,  
can be found on our website: <http://www.fforegon.org>***

***Contact us at: [fforegon@comcast.net](mailto:fforegon@comcast.net) or PO Box 1703, Albany, Oregon 97321***