



GLOBAL FF JOURNEY TO HUNGARY

BY CHRIS DUVAL

Have you ever been on a Global Journey? FFOMWV members Jane Rakoncay and Chris Duval recently participated in the "Discover Hungary" global journey, along with 5 other FFI members from other clubs around the world. Global journeys are hosted by an FFI club, but do not have a corresponding incoming club as ambassadors. Instead, ambassadors are chosen from any FFI members who apply for the journey.

Jane and Chris met ambassadors from Virginia, Massachusetts, and Canada on this journey. Interestingly, one couple, Sam and Deanna, were from Edmonton, Alberta, Canada – the same club with whom FFOMWV will have mutual journeys in 2020. So, we will see them again then. What a small world!

The journey began in Budapest, with several days in a comfortable hotel while we toured the city. Then there was a homestay in Szekesfehervar (yes, we learned to pronounce it correctly!) with long time FFI members, Joseph and Elizabeth. Our journey leader was Krisztina Balogh, who also is an FFI board member. The journey included tours of museums, a monastery, and walking tours of a number of beautiful, Hungarian towns. We enjoyed wine tasting and taking a dip in a thermal

spa. The food was glorious, with so many lovely desserts and wonderful wines, and something delicious called palinka, which is a Hungarian liqueur, with many different variations.

The journey was over too soon, but will be long remembered. Jane and Chris followed the Hungarian journey with an 8-day private extension to Croatia and Montenegro, which was fantastic.



If you have any questions about going on global journeys, let Jane or Chris know. This was a great way to see more of the world, enjoy FFI companionship, and promote global understanding.



Calendar of Events

No FFOMWV Board Meeting this month

November 18, 2 p.m. General Meeting
Albany Public Library
250 14th St.
Large Conference Room

December 14, Friday, 4 - 8 p.m.,
End-of-the-year gathering and meal at
home of Ted and Rita Powell
See information on page 4

Sunshine News

Contact Sue Stein with news.



friendship force
INTERNATIONAL

Experience different views.
Discover common ground.

PRESIDENT'S MESSAGE *by CHRIS DUVAL*

Friends:

When I was in college, way back in the early 1970s, I always associated autumn with a song from Van Morrison: "Well it's a marvelous night for a moondance, with the stars up above in your eyes. A fantabulous night to make romance, 'neath the cover of October skies. And all the leaves on the trees are falling, to the sound of the breezes that blow..." I still love to listen to that song, all these years later.

I found this quote on autumn, in a book by Shauna Niequist, called "Bittersweet: Thoughts on Change, Grace, and Learning the Hard Way": "Our tree-lined streets are set ablaze, our kitchens filled with the smells of nostalgia: apples bubbling into sauce, roasting squash, cinnamon, nutmeg, cider, warmth itself. The leaves as they spark into wild color just before they die are the world's oldest performance art, and everything we see is celebrating one last violently hued hurrah before the black and white and silence of winter. Fall is begging for us to dance and sing and write with just the same drama and blaze."

It is my hope that you take time to enjoy the wonderful magic that is fall while sitting in front of a fire, or curling up under a thick blanket to read, or taking a walk among the falling leaves.

Happy autumn!

In friendship,

Chris

Friendship Force Pledge

As a member of the Friendship Force, I recognize that I can make a difference. I recognize that I have a mission. That mission is to be a friend to the people of the world. As I embark upon this adventure, I know that others will be watching me. I know that through my example to my fellow citizens and the people of other nations, the cause of friendship, love and peace can be furthered. I can make a difference.

This Issue of Connections, and more information about our club, may be found on our website: <http://www.fforegon.org>

Contact us at: fforegon@comcast.net or PO Box 1703, Albany, Oregon 97321

WELCOME NEW MEMBER PAT CORBIN

Pat was born in Seattle but has lived in Oregon on and off since the 70's. She now lives in Sweet Home and has been there for the past 12 years. Pat worked in the office at LBCC for 11 of those years and just retired in June. Now she

can do the traveling she has dreamed of! Pat is interested in FF because she would love to meet people all around the world and become friends with them. She likes to walk, garden, create things with wood, and paint with watercolors. She is divorced and has no children.



Pat says: "I have traveled quite a bit in country...in fact have gone to every state except Hawaii. But international travel is what I'm interested in now. There are dozens of places I would like to go to see other cultures and make friends."

NOVEMBER GATHERING *BY EILEEN MINETTE*

Our November gathering will be held on November 18th at 2 pm at the Albany Public Library, Main Branch, 2450 14th Ave SE, in the main floor conference room where we usually gather. If your last name starts with N-Z, please bring finger foods for refreshments.

Our speaker for the November gathering is Laura Romero from Friendship Force International. Laura is the Director of Digital Strategy and Innovation. She also works with clubs in Latin America and oversees the FFI cruises.



Laura Romero was born in Bogota, Colombia and moved to Atlanta, Georgia when she was 7 years old. She has been with Friendship Force for 8 years, starting as an intern when she was in college. Once she graduated, she worked part-time and eventually full-time as the coordinator for Spanish-speaking clubs. Later on, she became the main contact for all cruises that FFI is providing.

Laura is now the Director of Digital Strategy and Innovation, but still works with the clubs in Latin America and also FFI's cruise program. She was in charge of implementing a new database as well as training staff on the database. At the same time she has been working very closely with the Marketing and Communications Department to optimize our new website, while also improving and automating job functions with new technology.

Laura's husband, Jake, accepted a job with an I.T. company in Hillsboro, Oregon, so they are now living in the Pearl District of Portland since September of this year along with their dog Max.



Our club is on Facebook. Please "Like" us at
The Friendship Force of Oregon's Mid-Willamette Valley

DECEMBER GATHERING *BY EILEEN MINETTE*

The place and menu for our December End-of-the-Year gathering has changed. We will be having a potluck at Ted and Rita Powell's home, 2551 Stiles Rd., Dallas OR. Date and time: December 14th. Cocktails and visiting will begin at 4:00 and dinner at 5:00.

So far we have these dishes coming:

Main course:

Meatloaf and mashed potatoes
Baked Chicken; Chicken and Rice

Sides: Baked beans

Potato casserole
Coleslaw, green salad
Deviled eggs
Ambrosia salad

Desserts: two types

Wine and beer



Please send an email to Eileen if you would like to bring an additional dish. Questions? Call Eileen.

NEWS FLASH: [FFOREGON.ORG](http://fforegon.org) IS LIVE *BY MARILYN PETERSONS*

Our new website is up and running. Please visit the site at: www.fforegon.org. The site is hosted by Weebly.com and the construction software is much more flexible than what was available on our previous host. Please let Marilyn Peterson know if you have an idea or two for the new site.

We now need to have at least two people familiar with the website's internals and with the ability to update as needed. Marilyn needs a co-webmaster yesterday. Training is available. No need to write HTML (or other esoteric web languages). If you can use Word, you can use Weebly.

One of the challenges of the previous web host service was the inability to create a site which had the modern look and feel of the FFI website. Now we can even have video content. Check out the home page for FFI's latest video on the operations of Friendship Force.

The deadline for December issue of Friendship Connections is November 25. Please send copy to editor, Mary Ellen Lind. THANK YOU!

JOURNEYS AND CONFERENCES *BY RITA POWELL*

2019 Inbound

June

Edmonton, Alberta, Canada

Brenda Kane – President and Acting Journey Chair
Host JC needed

August 13 - 21

Greater Atlanta, Georgia

Ambassador JC: Judy Hausmann
Hosts JCs: John Wolcott and Mary Ellen Lind

September (3 to 4 days)

Fort Worth, Texas

11 ambassadors
Host JC needed

2019 Outbound

May 9 - 16

Missoula, Montana

14 Ambassadors
Host JC: Michael Flanagan
Ambassador JCs: Rita Powell and Eileen Minette

October

Whangarei and New Plymouth, New Zealand

20 ambassadors +
Ambassador JC's needed

2019 International Conference

July 23-27: Boulder, Colorado

2020 Inbound and Outbound

Reciprocal visits Spring or Fall:
Denver, Colorado (plus Pikes Peak/2021)
Lynn Dawson

Outbound: Edmonton, Alberta, Canada
Host JC: John Yule, Angela Seer
Ambassador JC needed

NOTE: You must complete an application to be an Ambassador for an outbound journey or to be a Host for an inbound journey. You can get the forms by going to the website: "Friendship Force International Host Application and Ambassador Application Forms". You can select to download either form. Mail the completed form to our JC, as listed above.

INBOUND ATLANTA IN AUGUST 2019 *BY JOHN WOLCOTT*

Those of you who visited the Atlanta, Georgia, club with us last year will be excited to know that they will be visiting us the week of August 13, 2019. Journey Coordinators for our club are John Wolcott and Mary Ellen Lind. We will be assisted by our spouses, Gail Wolcott and Dennis Murphy. We will need Hosts, Day Hosts, and Small Group Dinner Hosts, so please save the date and let us know how you can help. We will need a Host Application form from those willing to host, a requirement of our club. See the note on page 5 to get an application form. If, you are not sure of your availability, but think you will be able to help, please let us know.

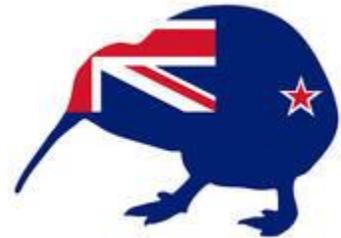
John Wolcott and Mary Ellen Lind

NEW ZEALAND OUTBOUND JOURNEY 2019

In late fall of 2019 our club will be hosted by New Plymouth and Whangarei, New Zealand.

For many of us this will be an exciting chance to return to a country that we so enjoyed visiting previously and renewing friendships as well as making new ones.

As club Journey Organizer, Rita Powell has gotten the communications going between our and their clubs. We now have over 20 folks who have indicated some level of interest in traveling to the 'Land of the Long White Cloud'. If you are interested in traveling with our club, please contact Marilyn Peterson who is 'acting organizer' while Rita and president Chris Duval are on the road. If you have interest in helping with some aspect of this trip, please let Marilyn know that as well. We need folks to plan transportation, to help with the ambassador workshop, to take photos during the trip, to update the journey blog on our new website during the trip and to handle public relations in our various communities before and/or after the trip.



FFI MARKETING 101 *BY MARILYN PETERSON*

FFI has created a number of tools for us to use to make our brand (our organization – Friendship Force International) consistent. We have a tagline: Experience Different Views. Discover Common Ground. We have club and FFI logos. Did you know that we have a Style Sheet to help us use these branding materials appropriately? This information is located under Member Resources on the FFI website at:

<https://friendshipforce.org/wp-content/uploads/2016/12/NEW-Style-Guide-2017.pdf>

Many of us have created business cards, ordered clothing with the FFI logo or have used Friendship Force's name in other personal and entirely appropriate ways. Do check with the president before creating public communications that represent our club such as independent websites, Facebook groups or Instagram accounts. By following the suggestions in the Style Sheet we can continue to market our organization's brand in a consistent and attractive fashion.

It's Membership Renewal Time! *BY CHRISS DUVAL*

Memberships expire on December 31, so it is time for you to send your dues to Peter Harr, Treasurer, at the address on the membership renewal form in this newsletter.

A portion of your dues is sent to Friendship Force International to help provide funding for their services which include administration of FFI, maintaining their website, and managing the international destination matching program.

The portion of your dues that stays with FFOMWV supports our local efforts to promote the club, as well as plan and complete interesting journeys for incoming ambassadors. Thank you for your on-going support!

Friendship Force of Oregon's Mid-Willamette Valley Membership Application or Renewal

Please complete one form for each member. Annual dues cover the cost of the monthly newsletter and expenses for Journeys and activities of the Friendship Force of Oregon's Mid-Willamette Valley, as well as membership in Friendship Force International, which provides discounted prices on Journey travel and other benefits. Memberships expire on December 31 of each year.

Please PRINT clearly.

Annual dues: Individual: \$30.00

This is a NEW _____ or RENEWAL _____ application.

Date: _____

Name: _____ (one person per form, please)

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Cell: _____

Email: _____

Members have opportunities to participate in some of the following activities: travel on international and domestic Journeys; host incoming Ambassadors overnight and participate in planned activities; day host Ambassadors; provide small group dinners; provide rides to non-driving members to meetings and events; enjoy lunches together; and serve in leadership roles. We invite you to become involved!

Mail to: Friendship Force, P.O. Box 1703, Albany, OR 97322



Our mission is to promote global understanding across the barriers that separate people. Each individual can make a contribution to global goodwill. The Friendship Force worldwide network of clubs and individuals seeks to overcome differences among people and nations.

FFOMWV Board Minutes

September 12, 2018

Present: Kathy Butler, Chris Duval, Peter Harr, Sharon Harr, Mary Ellen Lind, Dennis Murphy, Marilyn Peterson, Rita Powell

Absent: Eileen Minette, Van Nichols, Ted Powell, Gail Wolcott, John Wolcott

President Chris Duval called the meeting to order at 1:00 p.m.

July Board Minutes were reviewed and approved as corrected. (Marilyn/Kathy) **MSP**

Minutes of the Annual Meeting were reviewed and approved. (Kathy/Marilyn) **MSP**

Treasurer's Report: Checking Account reconciled through the end of August. Certificate was renewed in June.

Journey Coordinator Reports:

- ❖ **Central North Carolina Financial Report** – This report was reviewed by the board members. There was a small budget overage which will be placed in the journey funds for the benefit of future journeys.
- ❖ **Peru-Chili Financial Report:** This report was reviewed by board members present. There was a small budget overage which will be kept in journey funds.
- ❖ Dennis conveyed that he and Mary Ellen, along with Rod and Raylene Sell, have been invited to visit Santiago, Chile after the Journey at Sea in March, 2019. This is not an official journey, but they have been invited to stay in FFI members' homes, so will keep FFI staff Laura Romero informed as to their activities.

Committee Chairperson Reports:

- ❖ **Journey Organizer:** Rita reported that the 2018 Outbound Journey to Oklahoma plans are off. We need Journey Coordinators for both the inbound Atlanta, Georgia Journey and the outbound New Zealand Journey for 2019. Rita indicated that she will put an article in the October newsletter asking for volunteers to apply to be Journey Coordinators for these journeys. She will include a link to the application form in the article. Chris said that she will mention the need for Journey Coordinators at the October gathering meeting. Chris conveyed that the Greater Olympia club expressed interest in holding a regional meeting in Spring, 2019. However, they have decided not to hold this meeting. FFI is holding an international conference in July, 2019 in Boulder, Colorado. More information will be forthcoming about this, including opportunities for pre- and post-conference hostings.
- ❖ **Journey Treasurer Reports & Notes:**

Van Nichols' reports that Journey expenses and income for year are now complete. Deposits from the sale of Moonfall Theater tickets are still coming in. The balance in the journey account is close to \$9,000. Over half of this balance is due to donations made over the last 2 years. This year one incoming journey was canceled and the remaining journey did not utilize donated funds earmarked for enhancement of the Journey experience. Van was not at the meeting but he sent some input as follows: "There is a strong balance in the journey treasury at this time. However, this balance would be much different if we had followed the new policy. Marilyn did not work into her budget \$700 (\$35 per incoming ambassador). This could have been used to reduce expenses for our members attending some of the activities. Our international incoming was canceled. The cancelation eliminated another potential expense of \$700. We need to advise the JCs for incoming journeys to include the contribution from the journey account into their budget."

Van also wrote that "The board just approved an increase of the donations in honor of clubs coming or receiving to \$150 from the club treasury. The club treasury cannot afford this expense. Provide for these donations to come from the journey treasury. I think it is too soon to change our policy on allocation of funds from friendship shared at this time. We need to make use of the funds available to enhance the journey experience for our members and incoming ambassadors."

The board decided to think on this input and discuss it further at the October meeting.
- ❖ **Membership:** Chris reported in Eileen's absence. Discussed intention to verify actual members on current directory to bring it up to date. Group discussion reviewing format of directory listings.
- ❖ **Internet Communication:** Marilyn. Nothing to report.
- ❖ **Newsletter:** Mary Ellen. Nothing to report.

Old Business:

❖ **Policy Revision:**

Related to Archive Retention, Chris indicated that, due to our new policy, there is no longer need for both an archivist and a Historian. Chris will ask the membership for volunteers to take photographs of club activities for use on the website, Facebook page, and in the newsletter.

The revised policy on Archived Materials was adopted and reads as follows (both old and new language is shown):

~~Materials for Archivist and Historian~~ Archived Materials: (8/3/2015)

The **appointed club** archivist shall keep copies of official documents. These include **Articles of Incorporation and Amendments, IRS Exemption Documents, Resolutions of the Board, Audited Financial Statements**, minutes of Board meetings and any club meetings such as the annual meeting where official action is taken, the monthly Treasurer's reports, the Bylaws (current and past), club rosters, club policies, **club newsletters, copies of club publicity, written club communication, Journey Report packets**, and any other official documents. ~~The historian shall keep items of a social nature such as photographs, newsletters, and newspaper articles concerning club activities or members.~~

Archives Retention:

The club officers, board members, and committee heads shall keep in their possession records that they are required to maintain during their term of office or committee leadership period. When their term of office or period of committee leadership is over, they shall provide copies of any documents required to be archived (listed above) to the Archivist for retention according to the following retention schedule:

- a) **Permanently:** **Articles of Incorporation and Amendments, and Bylaws; IRS exemption documents/ Resolutions of the Board; minutes of Board, committee, and annual membership meetings; other records of the Board, committee, and membership actions; financial statements and general ledgers; audited financial statements; official Journey records, and club newsletters.**
- b) **10 Years:** **All documentation showing proper handling of conflicts of interest or handling of suspicious circumstances; insurance information; all documentation on any matter that may become a subject of a lawsuit or claim.**
- c) **3 Years:** **Written communications required to be made by Oregon law; written communication with members regarding membership matters; other archived materials of no historical significance to the club.**

Policy revision reviewed, moved, and accepted. (Kathy/Rita) **MSP**

❖ **Definition of Mutual Journeys:** Chris conferred with Allison Lindsey, FFI, related to definition:

"Mutual" Journey is when two clubs plan visits to each other in the same year, without going through the FFI journey request process. FFI is discontinuing "mutual" journeys, in favor of having all clubs use the official FFI journey request process.

A "Reciprocal" Journey occurs when a visiting club invites their host club to visit them following that Journey. FFI encourages clubs to visit those who have visited them. This should go through the official FFI journey request process though if it involves international journeys.

❖ **2020 Edmonton Mutual Journey** – Given that FFI indicated that mutual journeys already in the planning stages may proceed, Chris proposed that we move ahead with the Edmonton Mutual Journey for 2020, as planned, and request two international journeys for 2020 (one being the Edmonton journey, and one being one of our choices from our voting in August).

❖ **2020 FFI Outbound International Journey Choices** – Chris:

1 st Choice	Belgium
2 nd Choice	England
3 rd Choice	Turkey
4 th Choice	Costa Rica

New Business:

- ❖ Chris announced that FFI staff member, Laura Romero, has newly moved to Oregon and will be invited to speak at one of our meetings.
- ❖ **2019 Membership Renewal Process:** Chris offered 2 forms for board's consideration and discussed options for formatting based on Columbia Cascades form. She will draft a new form and send to the board members for review and adoption by the October board meeting.
- ❖ **Old Projector and Microphone:** John Wolcott asked, via email, what to do with the club's old projector and microphone. Determined that these will be recycled.
- ❖ **New FFI Tri-Fold Flyer:** Chris shared a new folder offered by FFI on their website for \$.83 each. Board determined that we will decide later if we want to purchase some of these or come up with our own format.

Upcoming Meetings:

No Gathering meeting to be held in September.

October Board Meeting: October 10th, 1:00 p.m. location tba.

October Gathering: October 21st - Program to be determined. Chris will contact the international program at OSU for potential speakers.

November Board Meeting: No meeting this month. (Chris will be away.)

November Gathering: November 18th – Marilyn will contact Laura Romero to see if she will speak.

December End of Year Gathering: December 14th – This event will be from 5-7pm. Albany Senior center is reserved; Mary Ellen will check on a potential OLCC server. Cost for members to be determined.

Meeting Adjourned: 2:52 p.m.

Respectfully submitted,

Sharon Harr

BOARD OF DIRECTORS - 2018

Elected Officers:

- President: Chris Duval
- Vice President: Eileen Minette
- Secretary: Sharon Harr
- Treasurer: Peter Harr
- Newsletter Editor: Mary Ellen Lind
- Membership: Eileen Minette
- Journey Organizer: Rita Powell
- Journey Treasurer: Van Nichols
- Internet Communications: Marilyn Peterson

Ex-Officio Member:

- Former President John Wolcott

Journey Coordinators:

- Inbound: June, 2018 Central North Carolina – Journey Coordinators: Marilyn Peterson and Kathy Butler
- Outbound: April, 2018 – Nor Peru - Journey Coordinator: Dennis Murphy

=====

Other Leadership Positions:

- Membership Outreach: Caye Poe
- John Francis
- Inventory & Merchandise Rita Powell
- Journey Organizer Rita Powell
- Sunshine: Sue Stein
- Historian: Russ Karow
- Archivist: Ann Sickles
- Friendship Shared: Van Nichols
- Navigators Barb Callner
- Meet, Eat & Get Acquainted: Jane Rakonczay