

**Friendship Force, throughout the WORLD and at HOME, serve . . . .**

## JOURNEY RESULTS IN ART PROJECT

*By Sharon Harr*

Club members who journeyed to Big Canoe, Georgia, in October, 2017, appreciated a variety of fun activities, including an opportunity to paint "hospital art." Big Canoe's club participates in "Paintfest America," a key project of the Foundation for Hospital Art. The Foundation is in Marietta, Georgia, with the mission to "bring comfort and hope through art to people in healthcare facilities around the world." Together with Big Canoe club members, our ambassadors sat to paint a 6 panel set picturing a colorful hot air balloon. Once the coloring process was completed, the panels were sent to Paintfest to ready for shipping. There are absolutely no costs to the receiving facility, just the joy of displaying their panels.



More recently, FFOMWV members have explored locally for an appropriate healthcare setting for placement of the panels. Sharon Harr was a former board member of Grace Center Adult Care and Services in Corvallis, so she approached the director of that facility, Tera Stegner, who was immediately and enthusiastically receptive. The panels are now installed in the exercise room at Grace Center, brightening up a full wall for participants to enjoy.



A visit to Grace Center and viewing of the art work is scheduled on Monday, July 2 at 1 p.m.. Grace Center is located at 980 NW Spruce Ave. in Corvallis. **All FFOMWV members and friends are invited to attend.**

# INTRODUCTION TO “DAYS FOR GIRLS” – How you can help

*By Eileen Minette*

In May our monthly club gathering was fortunate to welcome Susan Mondon from Days for Girls International as our speaker. The DFG organization provides millions of girls and women in 113 countries with washable feminine hygiene kits. With a kit the girls are able to stay in school during their monthly menstruation. Educated women are the single most important factor in reducing childhood deaths.

These kits are provided by donations of money, fabric and volunteers who make up the kits. If anyone is interested in donating items the list can be found on the DFG blog: [dfgeugene.blogspot.com](http://dfgeugene.blogspot.com)

**Susan is always looking for people traveling to other countries to take a suitcase full of kits with them. If you are willing to do this, please contact Susa**

I regularly volunteer at the Eugene/Springfield Chapter. They meet on the first Saturday of the month at  
Our Sewing Room  
448 Main St  
Springfield OR

If you would like to help by donating items, I, Eileen, have a list of items needed. They include - cotton and flannel fabric, thread, cotton washcloths, girls' underpants and more. There is specific information about color and quality of these items, so before you purchase them, please contact me for that information and to make arrangements for me to pick them up and deliver them to Susan.

Thank you for your help with this very important project that supports young girls throughout the world!



This is a quilt the volunteers made from scraps of fabric left over from the kits. The quilt was raffled off to make money for supplies and shipping expenses.

## Calendar of Events

### July 11, 1 p.m. Board meeting

Umpqua Bank in Albany  
333 Ellsworth St, SW

### July 21, 11 a.m. – 3 p.m.

**Joint Potluck and Gathering with  
Columbia Cascade FF club**  
Champoeg State Park  
8239 Champoeg Rd. NE., St Paul

### No MEG gathering

### August 5, 2 p.m. Annual

**Gathering / Meeting**  
Albany Public Library  
250 14<sup>th</sup> Ave. SE.

### Sunshine News

Contact Sue Stein with news.



friendship force

INTERNATIONAL

Experience different views.  
Discover common ground.

## PRESIDENT'S MESSAGE *by Chris Duval*

Friends:

In our efforts to spread the news about our club, we are ordering a new supply of business cards this month. When they arrive, we will distribute them to any members who want to use them. In your everyday lives, or particularly during a journey, when you meet people who say "What's this Friendship Force all about?", you can hand them a business card which will note our website address as well as the website for FFI. You can also put your name and number on the back side of the cards if you wish, in case they might want to call and ask you questions, or even arrange to carpool to the next meeting. This is friendship in action. I hope you will find that having these cards on hand will be beneficial.

We also are ordering a bright, new, large, vertical, banner for use at the door when we meet for our gatherings. We can also use it when we are having events, such as picnics, to show the world what we are all about. The message on the banner will be:

Friendship Force, Oregon's Mid-Willamette Valley

Experience different views.  
Discover common ground.

We believe that every friendship  
formed across the barriers of  
nationality, language, religion, or  
politics makes the world better.

I believe it, do you?

In friendship,

Chris

***This Issue of Connections, and more information about our club, may be found on our website: <http://www.fforeign.org>***

***Contact us at: [fforeign@comcast.net](mailto:fforeign@comcast.net) or PO Box 1703, Albany, Oregon 97321***

### ***Friendship Force Pledge***

As a member of the Friendship Force, I recognize that I can make a difference. I recognize that I have a mission. That mission is to be a friend to the people of the world. As I embark upon this adventure, I know that others will be watching me. I know that through my example to my fellow citizens and the people of other nations, the cause of friendship, love and peace can be furthered. I can make a difference.

# Central North Carolina Visits Oregon's Mid-Willamette Valley

*By Marilyn Peterson*

Our June 6-12, 2018 Journey from the Central North Carolina (and several other states) has concluded. What a wonderful group of ambassadors! Kathy and I wish to thank each and every one of you for everything that you did to make this a wonderful visit. Yes, there were some 'adventures' involved (tour bus with no visibility and a stench that could choke a cockroach), but our guests and hosts had a great week. Our guests were from Central North Carolina, Texas, Alabama, Florida, Ohio and the state of Washington. Sharon Harr made lovely origami boxes and hosted a class for a few of the ambassadors. The gift boxes included tokens for Albany Carousel rides, commemorative pins from the Rose Festival, our club pins and gorgeous (not to mention delicious) cookies made and decorated by Marla Karow.

Thank you, Sharon and Marla.



The weather cooperated for the most part. It was beautiful at the Thyme Garden and the luncheon was marvelous. Stopping at the Float Build Barn on the way home from the airport gave our visitors and several club members a chance to see how the floats are built. The completed floats were simply amazing.

Our tour guide at the State Capital was excellent as was our picnic lunch at the Willamette Heritage Center. Thank you, Gail and John Wolcott, for organizing the day in Salem. That evening all the hosts and ambassadors enjoyed dinners in various members' homes.

After the Rose Festival Parade which we enjoyed from inside the Coliseum, we had lunch at Multnomah Falls Lodge. Bonneville Dam and the fish ladders were the next stop - shad, salmon and lamprey were running. The day concluded with dinner at Flying Pie Pizza (one visitor was surprised that the pizza with artichokes was good) and then the long drive home. Two members of the Columbia Cascade club joined us for the Parade viewing.



Peter Harr's tour of Talking Water Gardens was a real hit. Many of our guests were amazed by the collaboration that created the gardens as well as the engineering. Several guests commented, "We need to do this at home".

The week flew by. At the Farewell Party we feasted on Jacopetti's artichoke chicken along with Joel Rea's wonderful wine which he donated to make our party extra festive. Leroy Stokes, Ambassador Coordinator, and other members of the Central presented a program about the Triad Area where their club is located.



The Journey by the numbers: 22 club members accompanied the 20 ambassadors to the Rose Parade. Approximately 48 attended the Farewell Party. The financials of the Journey worked out well with a slight surplus at the end of the week.

Thanks again to everyone who participated!

Kathy Butler and Marilyn Peterson, Host coordinators

Photo 1: Fifteen ambassadors and hosts climbed up the 100+ steps at our State Capital to see the gold pioneer statue up close and to view the city of Salem.

Photo 2: Funny clowns, magically decorated floats, lively music and beautiful people, including the queen and her princesses, at the Rose Festival court.

Photo 3: Leroy Stokes, JC from NC FF club, accepts from Marilyn Peterson, host JC, our club's journey donation gift.



**Come join in the  
Mid-Willamette and Columbia Cascade Friendship Force, Combined  
POTLUCK PICNIC\*\***

**July 21, 2018, 11 a.m. – 3(ish)**

**Who:** Members of both Friendship Force Groups, families and friends.  
(Please – only humans, no pets!)

**PLEASE RSVP with number of folks attending and your potluck offering\*\*  
NO LATER THAN JULY 10, 2018 to:**

**Mid-Willamette FF, Eileen Minette,  
or  
Columbia Cascade FF, Diana Penley,**

**Location:** Champoeg State Park in the reserved area called “Townsite.”  
Sites are well-marked. (Maps from I-5 and to the site will be provided at a later date.)

**\*\*Potluck offerings:** Salads, Main Dishes, Desserts, Snacks/Appetizers.

It’s suggested that each member bring their own plates, silverware, napkins, cups.  
Provided: Water, Hibiscus iced tea, Lemonade. Members to provide any other preferred nonalcoholic beverages. (Please note: This is a “no alcohol” event.)

**The Site:** Grassy and relatively flat, has some shade cover for a sunny and/or hot day and picnic tables with attached benches. We’ll also provide a couple of canopies for shade cover. Anyone wishing to bring theirs is welcome to -- and bring your lawn chairs for relaxing in comfort! No power available to site.

**Restrooms:** It’s a short-to-medium walk to some of the restrooms, with accessible restrooms available just a short drive away.

**Events** begin at 11:30 a.m. with games, some interesting park history and trivia

**Potluck at 12:30 p.m**

Lots of time to meet and visit with our Friendship Force neighbors! Bring your lawn games to share and enjoy. (Lawn darts, etc, but ground not suitable for croquet)

The Townsite area is reserved for our use from 8 a.m.-8 p.m., so come early or stay late to enjoy a bit of extra summer fun – explore some of the walking/hiking paths and bicycle trails, and the interesting small museum near the entrance to the park.

**Vehicles:** Carpooling is encouraged. Some parking is available at the site, including two disability spaces. More parking is within easy walking distance from the site. This is a State Park requiring a \$5 parking fee per car, payable at the park entrance or a State Parks parking pass.



# FFOMWV POLICY UPDATES

**BY CHRIS DUVAL**

At the June 13 board meeting, three policy updates were adopted by the board. Two of them relate to maintaining good records of our journeys. The third policy pertains to the few members we have who maintain primary membership in other FF clubs, but also desire to be members of our club. FFI staff agree that this "Associate Membership" category will clarify the payment of only one annual fee per member to FFI. If you have any questions about these new policies, contact any board member. Thanks!

## **Journey Coordinator Report: (06/13/18)**

At the conclusion of every Journey, the Journey Coordinator will provide the board with a brief written report, detailing:

- a) Journey Number and Name
- b) Pertinent Journey issues and resolutions
- c) Copy of booklet or program, if available
- d) Copies of incident reports, if any.

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## **Journey Coordinator Financial Accounting: (06/13/18)**

At the conclusion of every Journey, the Journey Coordinator will provide the board with a financial accounting of the Journey, accounting for all funds, consistent with the FFI Journey guidelines, and the records of the Journey Treasurer.

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## **Associate Members: (06/13/18)**

An FFOMWV member shall be classified as an "Associate Member" if they have a primary membership with another FF club and pay their FFI dues through their primary FF club. Associate Member dues shall equal FFOMWV dues minus FFI charter renewal individual fees. Associate Members shall retain the same membership privileges as full FFOMWV members.

## **ANNOUNCEMENT**

***By John Wolcott***

John and Gail Wolcott invite you to attend the dedication of the Madrone tree in their yard as an Oregon State Heritage Tree. The ceremony will take place on Friday, the 13th of July at 2PM, in their yard.



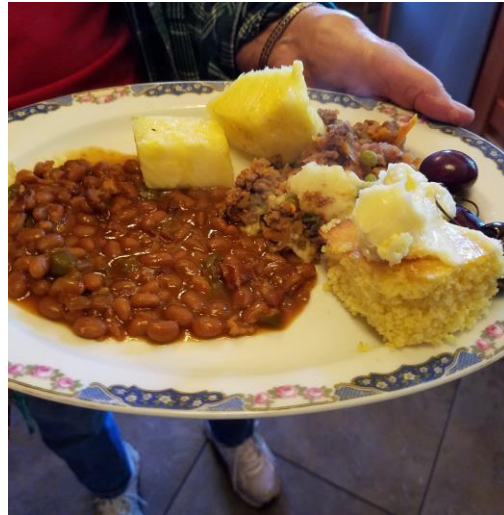
This Pacific Madrone tree was planted in 1950 by Oregon State University professor emeritus, Hoya Yang, to enhance the yard of the newly constructed Frank Lloyd Wright style home designed by his wife, Edith Leong Yang, a prominent Corvallis architect. Edith Yang lived there until her death in 1998. The seventy-foot Madrone is an unusually large specimen of an iconic tree of the Pacific Northwest, particularly rare to thrive in an urban setting. It was designated a Corvallis Heritage Tree in 2016, and an Oregon State Heritage Tree in 2018.

## Cowboy Friendship Shared *By Chris Duval*

Well, howdy pard'ner! We had us a hullabaloo last night out at the Powell's ranch. There was some 20 or so of us Friendship Force members and friends, eatin', visitin', and tellin' tall tales! And libations! Yes, there was whiskey-a-plenty, wine, hifalutin hibiscus iced tea, and sarsaparilla sodas to wet our whistles.



The head of this-here chuck wagon was Chris Duval and her daughter, Sara, who cooked up the fixin's. From the Range Rider's Shepherd's Pie, to the Buckaroo Baked Beans, there was plenty of grub to go around.



To top it off, there was singin' 'round the campfire with authentic cowboy songs of old. And toasting marshmellers to make S'mores. Ted finished things off with hot cowpoke coffee.



Now we'll all be dreamin' of ridin' the range and roundin' up the little dogies. A dad-burn good time was had by all. Y'all come back now, you hear?

# **JOURNEYS AND CONFERENCES**

*Submitted by Rita Powell*

## 2018 Inbound

September – 11-16: Moscow, Russia – tentative  
Ketchikan, Alaska inbound, alternatively  
JCs Ted Powell & Van Nichols

## 2018 Outbound

September – last week: Oklahoma  
Pres. Geneva Hancock (405) 250-1118

## 2019 Inbound

Atlanta, Georgia  
Ambassador JC: John Wilhelm

## 2019 Outbound

October: Whangarei and  
New Plymouth, New Zealand

May/June: Missoula, Montana  
14 Ambassadors

Host JC: Michael Flanagan  
Ambassador JCs: Rita Powell & Eilene Minette

## 2019 Regional Meeting

April: Olympia, Washington

## 2019 International Conference

July 23-27: Boulder, Colorado

## 2020 Inbound and Outbound

Reciprocal visits

Spring or Fall: Denver, Colorado (plus Pikes Peak/2021)  
Lynn Dawson (303) 888-5922

## 2020 Inbound and Outbound

Mutual requests:

Edmonton, Alberta, Canada

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Deadline for August issue of Friendship Connections is July 25. Please send copy to [Mary Ellen](#) THANK YOU!

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## **FFOMWV Board Minutes**

### **May 9, 2018**

**Present:** Kathy Butler, Chris Duval, Peter Harr, Sharon Harr, Mary Ellen Lind, Eileen Minette, Dennis Murphy, Gail Wolcott, John Wolcott

**Absent:** Van Nichols, Marilyn Peterson, Ted Powell, Rita Powell

President Chris Duval called the meeting to order at 1:04 p.m.

**Minutes** of the March Board meeting were reviewed and approved as corrected. **MSP** (Kathy, Mary Ellen)

**Treasurer's Report:** Checking Account ending balance:

#### **Journey Coordinator Reports:**

\*Dennis will be presenting at May General Meeting on Nor Peru and Lima Russ Karow on Machu Pichu, Dennis will write a Journey summary to identify highs and lows of the Journey experience. He suggested to board that each J.C. records their respective experience of the Journey including the planning process, to be made available to new and prospective J.C.s. Chris suggested that this information eventually be placed on the FFI website.

\*Kathy: Central North Carolina Journey is in good shape. She is seeking someone to take charge of the Farewell Dinner and also needs more Day Hosts. Journey Orientation, with speaker, to be held following the General Meeting on May 20<sup>th</sup>.

#### **Committee Chairperson Reports:**

- ❖ Journey Organizer: Chris will ask Rita to send her report to the Board when she returns from CA. Brazil Incoming Journey has been cancelled. Moscow Incoming Journey will be in September; they will visit Ketchikan, AK, first. Our club is working on Incoming Journeys for 2019 & 2020.
- ❖ Journey Treasurer: Chris will draft a policy related to Journey treasurer reports.
- ❖ Membership: no report.  
Note: Gail & John Wolcott scheduled a power point presentation to the Academy of Lifelong Learning about FFOMWV in relationship to membership recruitment.
- ❖ Internet Communication: no report
- ❖ Newsletter: Mary Ellen/Chris: Associate Membership and Journey Overage Policies will be drafted and included in the next newsletter.

#### **Old Business:**

- ❖ Archives/Historian: no change; committee working on archive storage.
- ❖ By-Laws: waiting upon completion of Archives/Historian report
- ❖ Associate Membership: new category originated related to membership in two FFI clubs; new language for policy for FFOMWV has been drafted.
- ❖ Journey Overage Funds Policy change: Chris will come up with wording and bring to next board meeting.
- ❖ Hospital Art: Sharon to check with John Feight/Big Canoe, Georgia, about availability of additional artwork, will then explore possibility of interest at Evergreen Hospice House, Albany Oregon.

**New Business:** Nothing brought up.

#### **Upcoming Meetings:**

- ❖ May: Dennis Murphy will speak about Peru/Machu Pichu and Susan Mondan, from Days for Girls will be a guest speaker.
- ❖ June: no meeting in lieu of Farewell for Central North Carolina Journey.
- ❖ July: Saturday, July 21<sup>st</sup> Picnic with Columbia Cascade Club at Champoeog Park.
- ❖ August: Annual Meeting proposed for August 26<sup>th</sup>.
- ❖ September: Moscow Journey date not set.

**Meeting Adjourned:** 2:30 p.m.

**Next Board Meeting:** June 13<sup>th</sup>, 1 p.m.

Respectfully submitted,  
Sharon Harr

### APPLICATION FOR NEW OR RENEWAL MEMBERSHIP

Please complete one form for each member. Annual dues cover the cost of the monthly newsletter and expenses for Journeys and activities of the Friendship Force of Oregon's Mid-Willamette Valley, as well as membership in Friendship Force International, which provides discounted prices on Journey travel and other benefits. Memberships expire on December 31, each year. Please PRINT clearly.

Annual dues, Individual: \$30.00

This is a NEW \_\_\_\_\_ or RENEWAL \_\_\_\_\_ application.

Name: \_\_\_\_\_ (one person per form, please)

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Mail to: Friendship Force, P.O. Box 1703, Albany, OR 97321

#### Elected Officers:

President:	Chris Duval
Vice President:	Eileen Minette
Secretary:	Sharon Harr
Treasurer:	Peter Harr

### BOARD OF DIRECTORS - 2018

#### Appointed Chairpersons:

Newsletter Editor:	Mary Ellen Lind
Membership:	Eileen Minette
Journey Organizer:	Rita Powell
Journey Treasurer:	Van Nichols
Internet Communications:	Marilyn Peterson

#### Ex-Officio Member:

Former President	John Wolcott
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#### Journey Coordinators this year:

Inbound: June, 2018 Central North Carolina – Journey Coordinators: Marilyn Peterson and Kathy Butler  
September, 2018, either Moscow Russia or Ketchikan, Alaska – Journey Coordinators: Ted Powell and Van Nichols

Outbound: April, 2018 – Nor Peru - Journey Coordinator: Dennis Murphy  
September, 2018, Oklahoma – Journey Coordinator: Rita Powell

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#### Other Leadership Positions:

Membership Outreach:	Caye Poe
	John Francis
Inventory & Merchandise	Rita Powell
Sunshine:	Sue Stein
Historian:	Russ Karow
Archivist:	Ann Sickles
Friendship Shared:	Van Nichols
Navigators	Barb Callner
Meet, Eat & Get Acquainted:	Jane Rakonczay